Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 20 Jun 2022 until 23:59 on Tuesday 21 Jun 2022

Forecast Issued on Monday 20 Jun 2022 at 02:14 by Met Office Aberdeen

Confidence: High confidence for a more settled few days on the hills but lower confidence in cloud amounts, a lot will depend on how the fronts to the northwest of Scotland behave.

Headline for Monday 20 Jun 2022: A dry and sunny morning, lighter winds than the weekend, clouding over later.

Mountain weather hazards on Monday 20 Jun 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny intervals	Cloudy	Light rain	Heavy Rain	Heavy Rain
Precipitation probability					
10%	10%	10%	20%	40%	70%

Forecast for Monday 20 Jun 2022

Weather: Clear spells overnight and feeling chilly with some local ground frost further inland as winds ease towards dawn. A clear sunrise is likely for most ranges and a sunny morning to follow, perhaps clouding over on Skye soon after dawn. Increasing cloud spilling in from the west during the morning, Glen Affric and Ben Wyvis likely to stay mostly cloud free until early afternoon. Some rain spreading in towards western mainland ranges around Torridon by early afternoon and there will be outbreaks of rain across all areas by evening.

Chance of cloud-free hill tops above 800m: 100% falling to 30% by late afternoon, lowering cloud from the west associated with rain.

Low cloud and visibility: Very good visibility for most of the morning, becoming moderate or poor by late afternoon if rain falls mainly affecting western hills. Cloud will be above all summits until mid morning when it will become scattered above 600m in the west around Cuillin spreading east progressively, becoming broken above 500m by mid afternoon in the northwest.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 20 Jun 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	17/22 SW	19/26 SW	23/31 SW	27/36 SW	23/31 SW	23/30 SW	21/27 SW
900	19/24 SW	18/25 SW	22/30 SW	25/33 SW	22/29 SW	22/29 SW	20/26 SW
600	13/18 SW	15/21 SW	18/27 SW	20/28 SW	17/24 SW	16/24 SW	13/20 SW
300	5/18 W	6/18 SW	9/23 SW	6/25 SW	5/21 SW	5/20 SW	4/17 SW
Glen	2/8 W	9/15 SW	10/20 SW	9/18 SW	9/18 SW	8/16 SW	6/12 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/0	6/1	7/3	6/1	7/2	6/1	6/1
900	6/1	7/2	8/4	7/2	7/3	7/2	7/2
600	7/4	9/6	10/7	9/5	9/6	9/5	8/5
300	9/8	13/12	14/12	10/9	10/9	10/9	10/9
Glen	11/10	14/13	15/13	13/11	12/11	12/11	12/11
Freezing Level*	2100m	1900m	3000m	2800m	3100m	3100m	2800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Despite a cool start to the day temperatures will be warm at low level in the east later. Winds will be lighter than the weekend but will strengthen later in the afternoon.

Forecast for Tuesday 21 Jun 2022

Weather: Outbreaks of rain overnight and lots of mist and low cloud over the hills, especially in the west. Cloudy with outbreaks of drizzly light rain, perhaps a few cloud breaks in the east towards Ben Wyvis. Cloud beginning to lift in the evening.

Maximum wind: Northwesterly 10-15mph.

Chance of cloud-free hill tops above 800m: 20%, low cloud in association with light rain moving in from the west.

Low cloud and visibility: Broken cloud above 400m, perhaps 500m or above further east, cloud will gradually lift and break during the afternoon with some of the tops clear by early evening. Visibility will fall poor in drizzly outbreaks of rain, especially further west around the coastal ranges like Torridon.

Temperature: **Glens:** Plus 10 rising to 17 Celsius.
At 800m: Plus 6 rising to 11 Celsius.
Freezing level: above the summits.

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